

Proof of Comparable Coverage

Medavie Blue Cross – Health and Dental

Group health and dental insurance with Medavie Blue Cross, is mandatory for all eligible employees, and your dependents. When you enroll for coverage, you must also enroll all your eligible Dependents.

It is important at NSCC that eligible employees and their dependents have access to optimal medical treatment when they are ill. Therefore, it is mandatory that eligible employees opt for one of the following:

1. Enroll in the NSCC group health and dental benefits (and enrol all your eligible dependents) within 31 days of becoming eligible for coverage: OR
2. waive health and/or dental coverage by providing proof of comparable coverage through an alternate plan.

Employees and their dependents may **opt to waive health and dental benefits at any time by providing proof of comparable coverage** through an alternate plan – usually their spouse’s group plan but not limited to.

To Waive benefits proof of comparable coverage is required as follows:

A letter from the Spouse’s Group Plan Administrator or other alternate Plan Administrator to confirm the following:

- Name of Insurer and Policy #
- Name(s) of the insured
- Coverage - Health and/or Dental (Basic – does not have to be exact)
- That the coverage is in force

Please provide your proof of comparable coverage to your Employee Services Advisor as soon as possible.

For SSQ Emergency Travel Health Insurance – proof of comparable coverage is not required; however, SSQ Travel Health coverage is mandatory when NSCC group health coverage is in place.